



# The world on a plate

Reducing the food chain's role in  
greenhouse gas emissions

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*Food Climate Research Network*

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# Presentation today

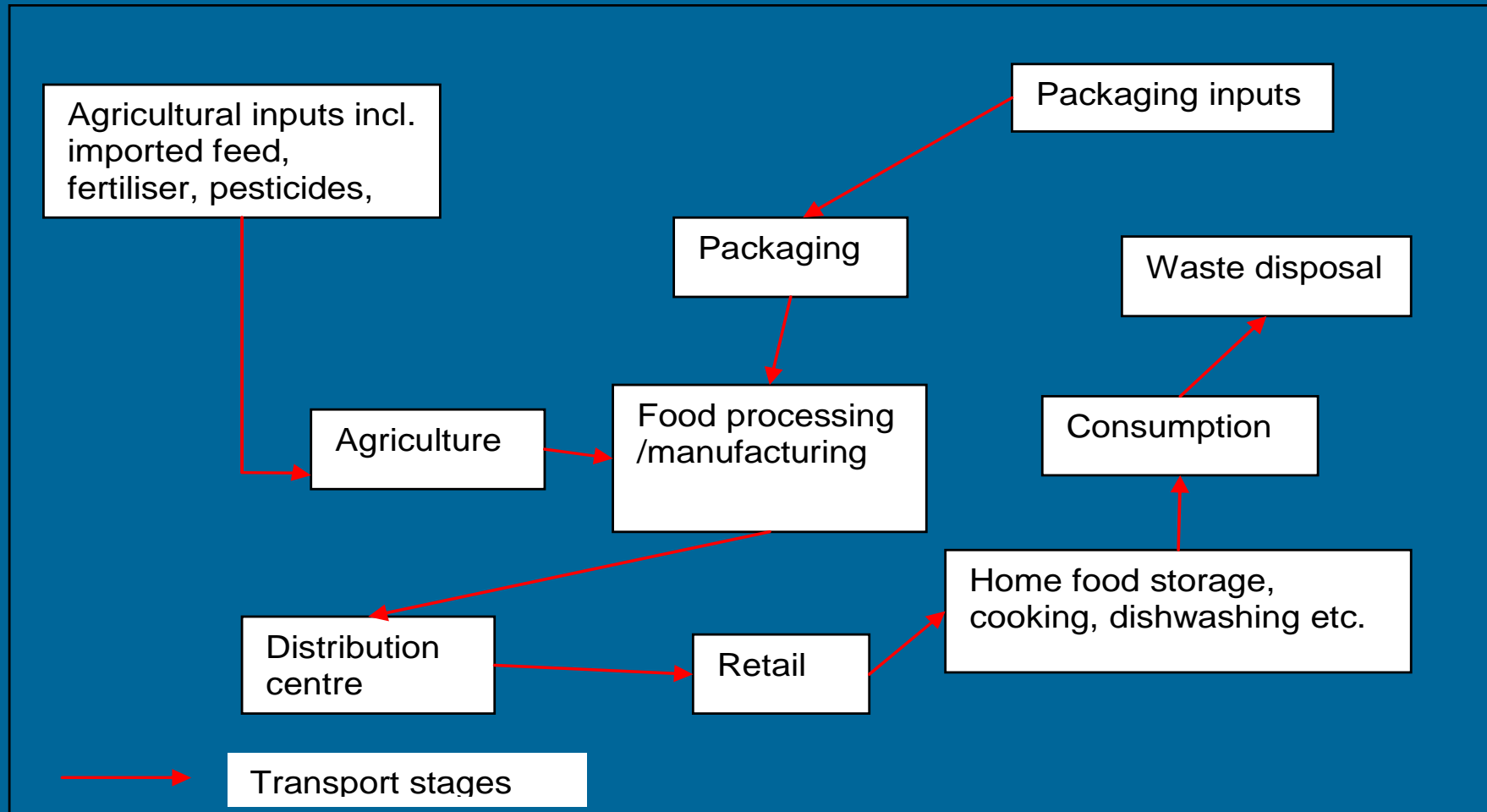
1. Overview of food GHG impacts
  - By life cycle stage
  - By food type
2. Special focus on livestock
3. Climate change & human nutrition: the need for integrated policy
4. Mitigation options
  - The role of technology and good management
  - Changing what we eat
5. What is the food industry doing?
6. Observations and implications for circular agriculture
7. About the Food Climate Research Network

# 1. Overall food related GHG emissions

# Defining terms

- GHGs = greenhouse gas emissions
- CO<sub>2</sub>
- Methane: 23x more potent than CO<sub>2</sub>
- Nitrous oxide: 298x more potent than CO<sub>2</sub>
- Refrigerant gases: thousands of times more potent...

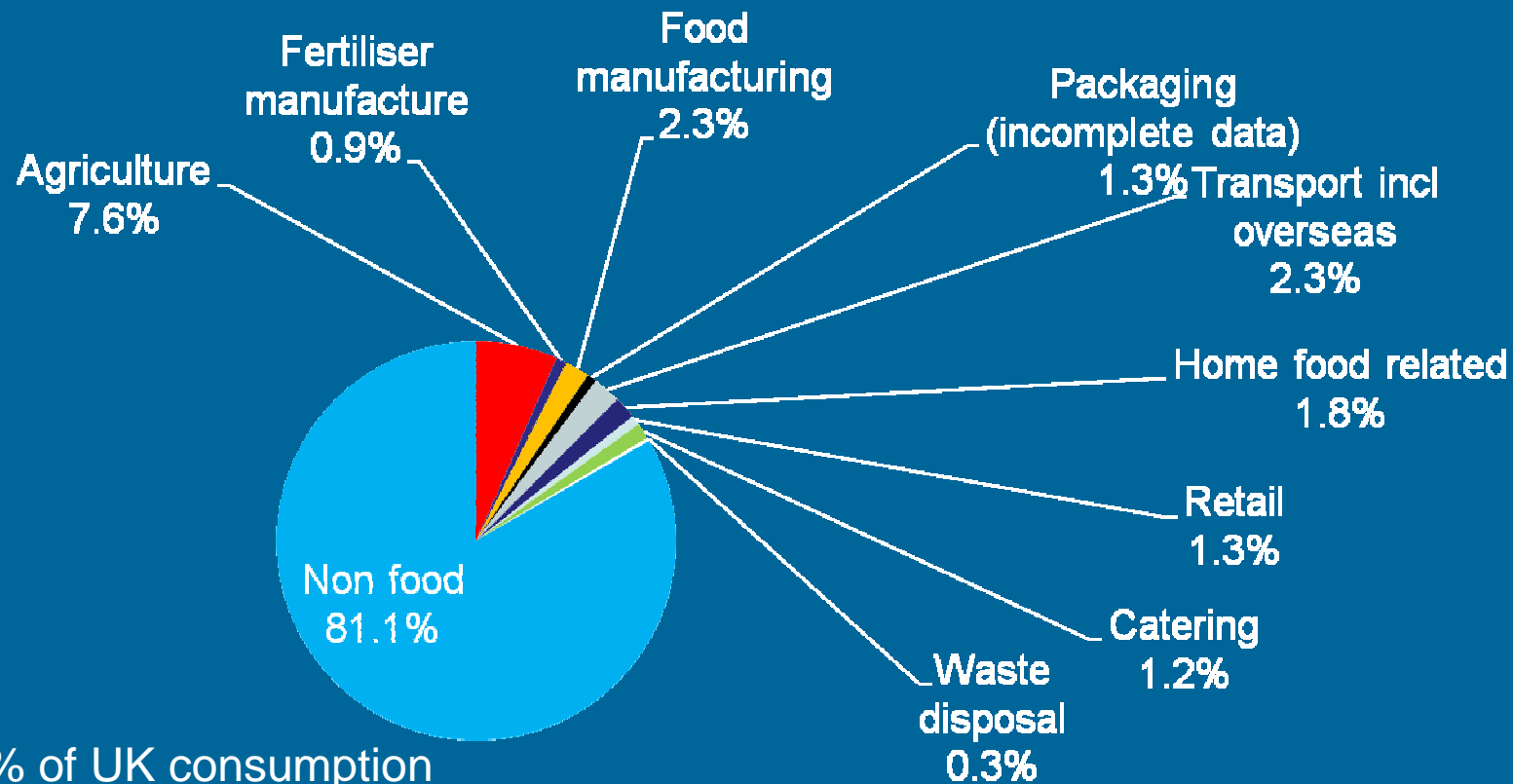
# The life cycle analysis (LCA) perspective



# Overall food-related contribution to GHG emissions

- Europe wide report: **31%** all EU consumption related GHGs
- FCRN UK estimates: around **19%** – UK Government estimates similar
- World agriculture contribution – **17 - 32%** total global emissions
- Huge uncertainty / variability between countries / differences in what's included in figure and what's not

# Food GHG impacts – by life cycle stage – UK 43 MTCeq



As % of UK consumption related GHG emissions est .at 234 MTCe

Source: Food Climate Research Network 2008

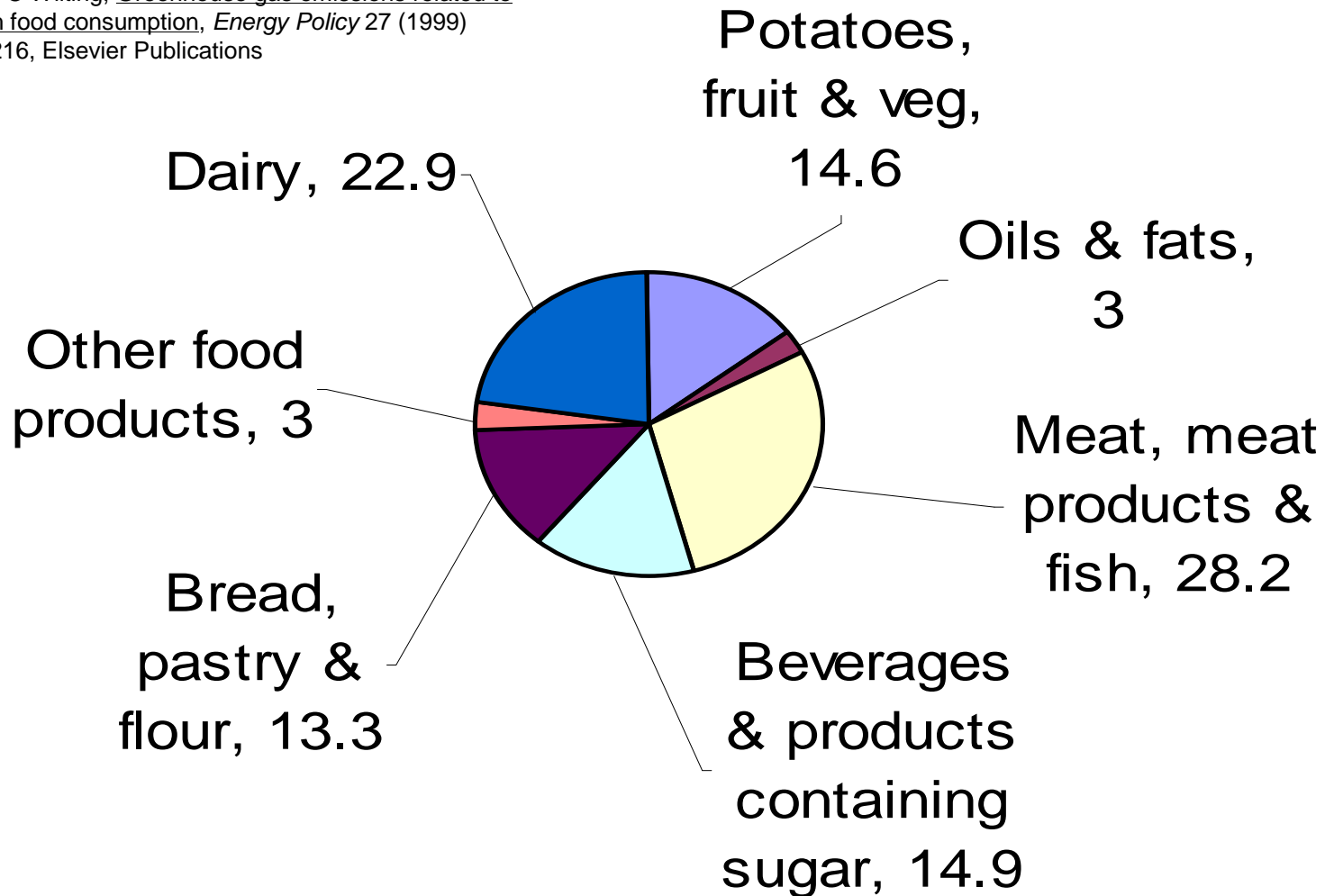
# Agriculture dominates but

- The GHG hotspots vary by food type:
  - **Meat & dairy**: Agriculture
  - **Field veg**: Transport and cooking
  - **Protected veg**: Agriculture
  - **Crisps & bread**: Agriculture; processing; transport combined
  - **Small bottle beer**: Packaging
  - **Baked potato, pasta, tea**: Cooking



# Contribution of food groups to Dutch GHG emissions KG/CO<sub>2</sub>e

Klaas Jan Kramer, Henri C Moll, Sanderine Nonhebel, Harry C Wilting, [Greenhouse gas emissions related to Dutch food consumption](#), *Energy Policy* 27 (1999) 203-216, Elsevier Publications



## 2. Focus on livestock

# Livestock: the main concern

- Global – **18%** global emissions (FAO 2006)
- EU:**15%** EU GHGs or 50% of all food impacts (EIPRO 2006)
- Kramer et al (1999): **50%** of all food impacts
- UK (from FCRN study): about **8.5%**
- Variation depends on what's included (eg. **LU change**) & baseline consumption GHGs

# Livestock impacts

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Up to farm gate

**Carbon dioxide**  
from land use change  
– second order impacts

**Methane**  
from livestock  
**Nitrous oxide** from livestock and crops  
**Carbon dioxide**  
from fossil energy use

Beyond farm gate

**Carbon dioxide**  
from fossil energy use

**Note:** fossil energy inputs not huge in themselves but enable scale of production which turns livestock and its other emissions into a problem

# Livestock's impacts significant even when...

- Foods are highly processed:
  - Ready meal vs. home cooking study (Sonesson et al 2005) (\*0% total footprint)
  - Cadbury's chocolate bar (60% total footprint)
- Or come from far away:
  - New Zealand study
- Farm stage and pre-farm stage emissions dominate

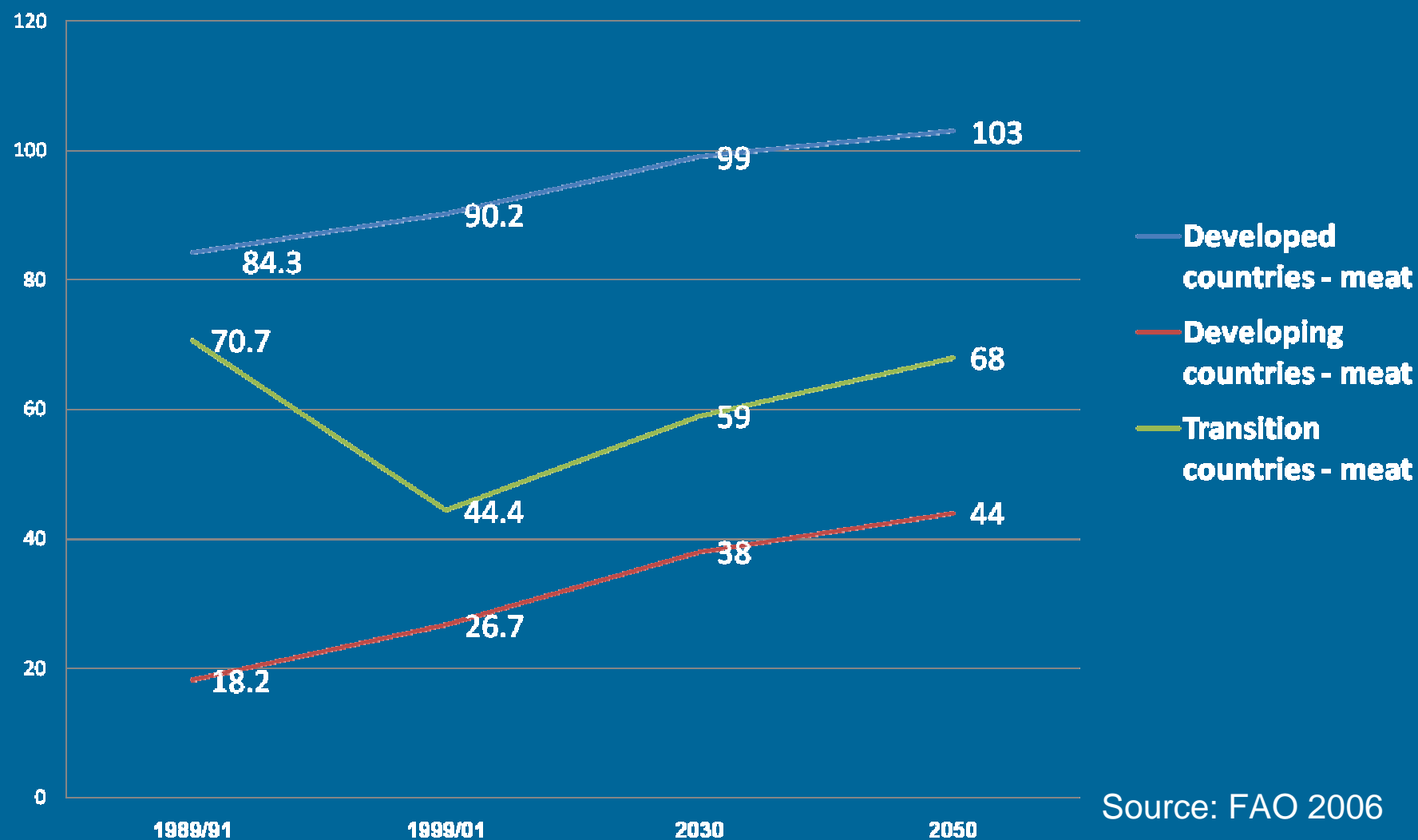
# Livestock: benefits & disbenefits

|                     | <b>Benefits</b>                               | <b>Disbenefits</b>                                      | <b>Comment</b>                                                 |
|---------------------|-----------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------|
| Nutrition           | Excellent for protein, calcium, iron, vit B12 | Excessive fat                                           | Animal foods not essential; plants can substitute              |
| Non food benefits   | Leather, wool, manure, rendered products      | Manure can be a pollutant                               | Quantities needed?                                             |
| Substitution cost   | Eating will always produce an impact          | Generally plant foods have lower GHG profile            |                                                                |
| Carbon storage      | Pasture land stores carbon                    | Excessive grazing & land use change releases carbon     |                                                                |
| Resource efficiency | Livestock can consume grass & byproducts      | Supplemented with grains & cereals in intensive systems | Byproducts can be used directly as energy source in AD systems |
| Geography           | Some land not suitable for                    | Arable land used for                                    |                                                                |

# Global trends in demand

|                                         | 2000 (6 bn people)      | 2050 (9 bn people) |
|-----------------------------------------|-------------------------|--------------------|
| <b>Total demand<br/>– meat (tonnes)</b> | <b>228</b>              | <b>459</b>         |
| <b>Total demand<br/>– milk (tonnes)</b> | <b>475</b>              | <b>883</b>         |
|                                         | <b>Source: FAO 2006</b> |                    |

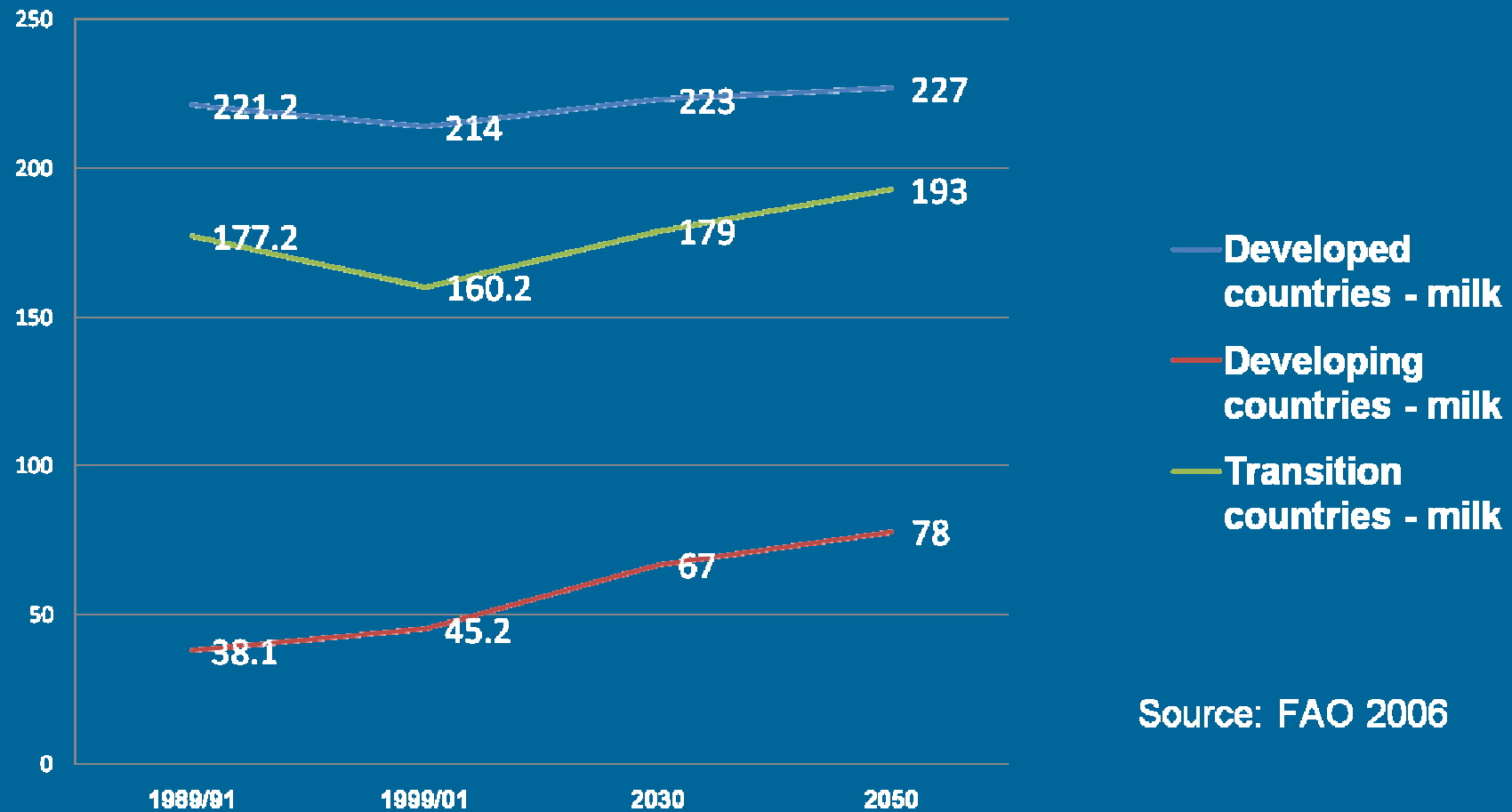
# Inequality continues: p.c. meat to 2050



Source: FAO 2006



# Per cap. milk to 2050



Source: FAO 2006

# Chinese livestock consumption trends

| (source: FAO 2007)         | Per capita consumption KG |              |                 |
|----------------------------|---------------------------|--------------|-----------------|
|                            | 1990                      | 2005         |                 |
| Eggs                       | 6.07                      | 18.35        | Nearly tripled  |
| Poultry                    | 3.27                      | 11.36        | Nearly trippled |
| Pork                       | 19.98                     | 38.09        | Doubled         |
| Beef                       | 1.01                      | 6.62         | X 6             |
| Sheep and goat             | 0.96                      | 3.49         | quadrupled      |
| <b>Meat total(ex eggs)</b> | <b>25.22</b>              | <b>59.56</b> | <b>X 2.5</b>    |
| <b>Milk, fresh</b>         | <b>5.99</b>               | <b>17.95</b> | <b>Tripled</b>  |

# Emission reduction options

- **Nutrient use** optimisation: fertiliser applications; breeding crops for better N use efficiency
- Build **soil carbon** stocks
- On farm energy **efficiency**
- **Anaerobic digestion**
- Managing the **diet**: feed inputs\*, grass breeding
- Animal **genomics & breeding\*** for: longevity, fertility, low methane, productivity

## \*2<sup>nd</sup> order impacts?

Cereal/ oilseed inputs and land use change

Animal welfare implications

Biodiversity

# Even if technological improvements could reduce livestock impacts by 50%

- (*and this is ambitious*)
- We wouldn't have a *reduction* in GHG emissions – **just no increase**
- Reduction in consumption needed too
- But by how much?

# If yr 2000 PRODUCTION levels were maintained

- At 9 billion people this would mean:
  - Meat: 25 kg year (500g/week)
  - Dairy: 53 kg a year (a litre a week).
- Similar to developing world average today.
- Chinese and UK consumption levels today
  - Meat: 60kg China; 84.5kg developed world
  - Milk: 18kg China; 221kg developed world

# 3. Climate change & human nutrition

The relationship

Health: Are nutrition and GHG reduction goals compatible?

# What is a healthy diet according to the World Health Organisation?

| Food category        | WHO daily nutritional recommendations                                                                      |
|----------------------|------------------------------------------------------------------------------------------------------------|
| Fruit and vegetables | >400 g a day                                                                                               |
| Overall fat          | 15–30%                                                                                                     |
| Saturated fat        | < 10%                                                                                                      |
| Protein              | 0.83 g/kg/day. For an average 65 kg British woman this is 53.95 g. For an average 80 kg man this is 66.4g. |
| Iron                 | 8.7 mg (men) and 14.8 mg (women)                                                                           |
| Calcium              | 700 mg – more for some population groups                                                                   |
| Vitamin B12          | 1.5 $\mu$ g                                                                                                |



# The Balance of Good Health

Fruit and vegetables



Bread, other cereals and potatoes



Meat, fish and alternatives

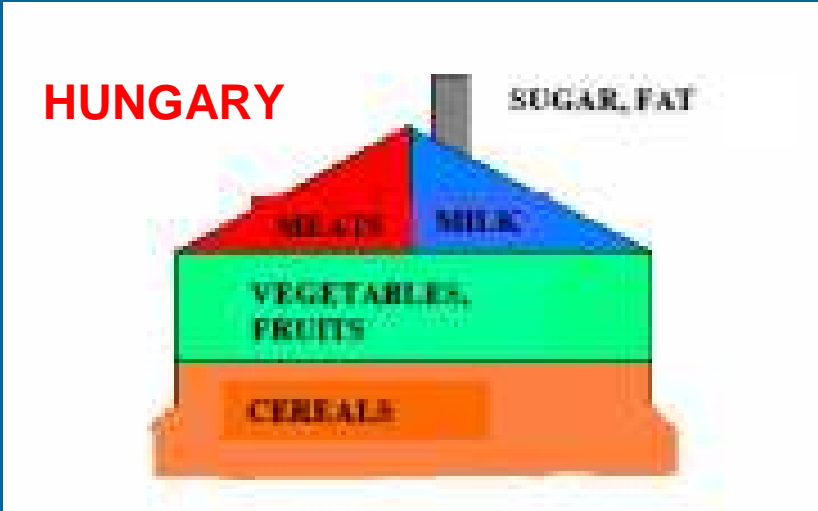
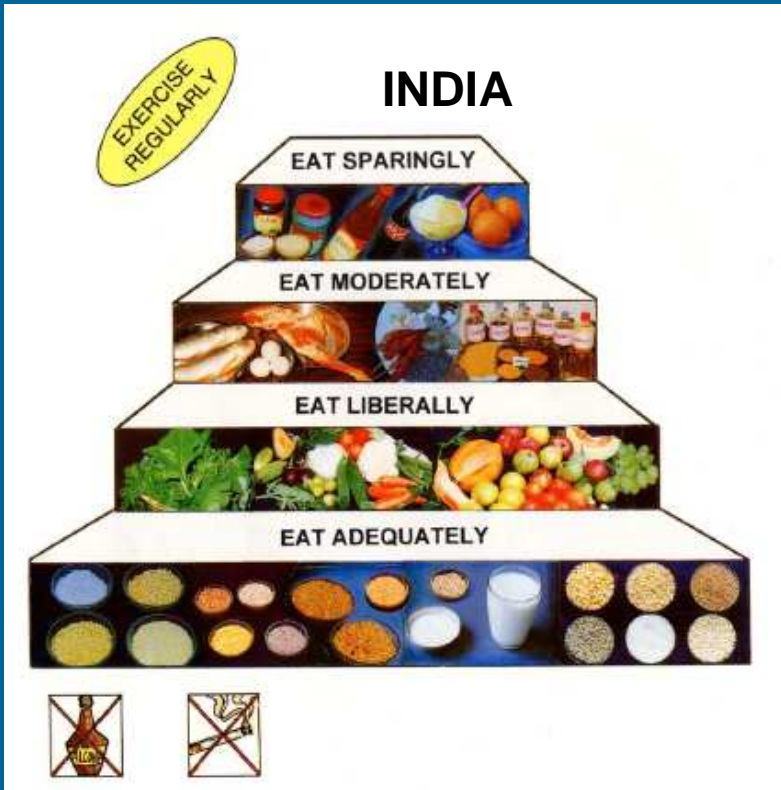


Foods containing fat  
Foods and drinks containing sugar



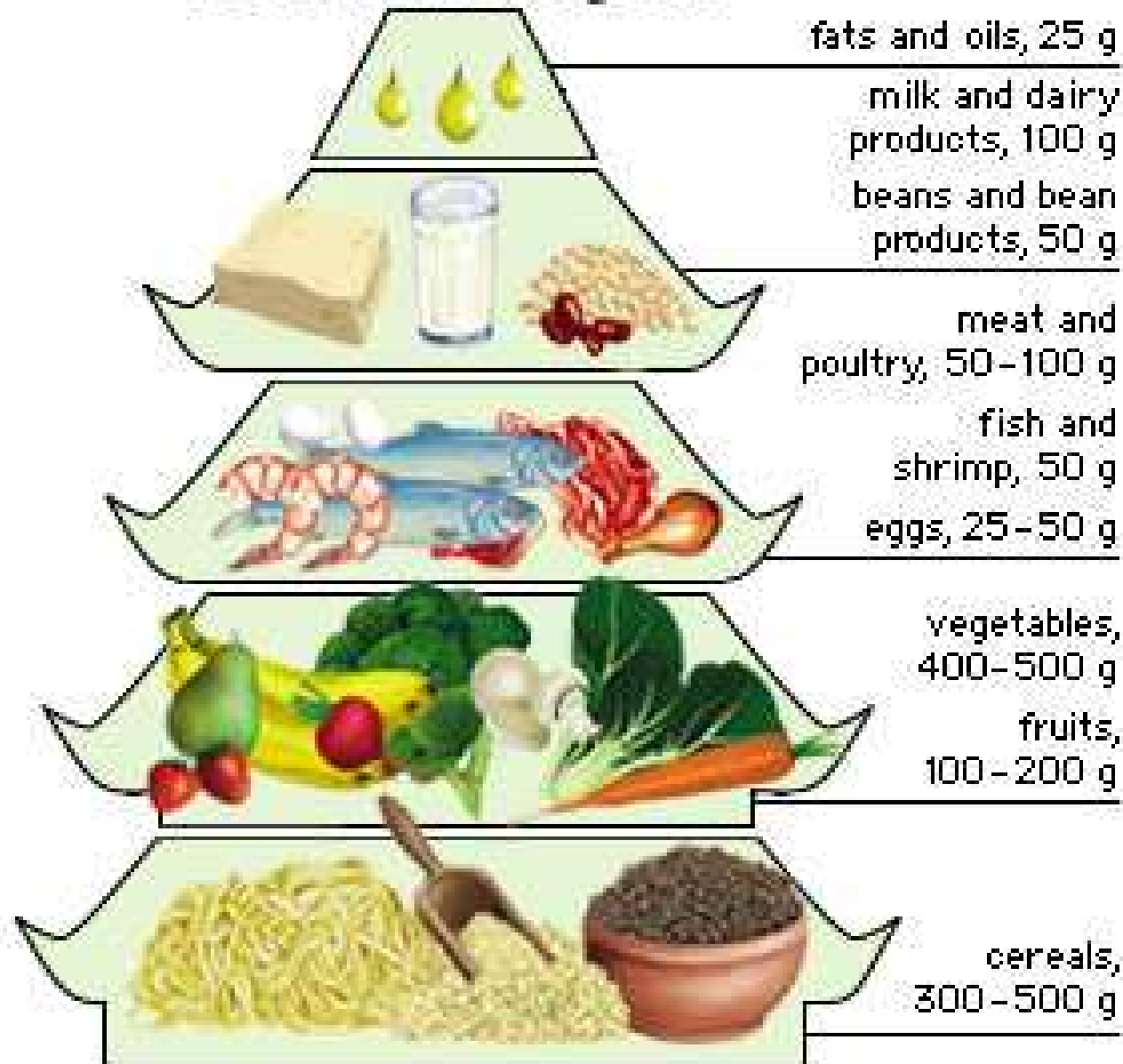
Milk and dairy foods

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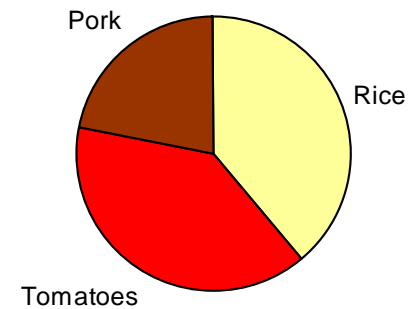
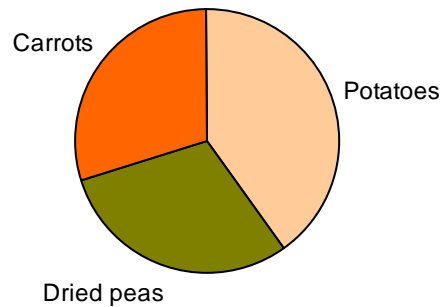
# CHINA

## Food Guide Pagoda



Source: Chinese Nutrition Society

# Two nutritionally balanced meals... A ninefold GHG difference



Health AND environment policy approach or health VERSUS environment?

# The nutrition challenge

- **The rich:** Less meat, less fat, less sugar; more grains & veg – *win-win for health & environment*
- **The poor:** Develop food production systems that *maximise nutrition at minimum GHG cost*
  - Some livestock products nutritionally useful for vulnerable groups
  - role for area-specific livestock production
- **Need to integrate nutrition/CC policy**

## 4. Reducing food's GHG contribution:

Technological and managerial improvements

Changing what and how we eat

# Technological options?

- **Agriculture**: plant breeding; better nutrient use; alternative fuel sources for protected cropping; anaerobic digestion; improved efficiency
- **Manufacturing**: CHP / trigeneration / life cycle costing
- **Refrigeration**: 20-50% efficiency savings possible; novel technologies including non HFC refrigeration, trigeneration (increases efficiency from 38% to 76%).
- **Packaging**: lightweighting, alternative materials, ambient storage packaging

# Technology continued...

- **Transport**: modal shift, efficient supply chains; cleaner fuels (in future years)
- **Retailing**: Massive potential for improved lighting, heating and refrigeration efficiencies; on site renewables
- **Domestic**: energy efficient appliances; smart metering
- **Lots of little impacts/solutions rather than one big one**



# But

- Will this get the UK to an 80% cut by 2050?
- (And is 80% possible for food?)
- What we choose to eat dictates what we
- choose to grow / rear ... and so...
- Agricultural emissions driven by patterns of food demand.
- Post farm gate emissions influenced by
- energy policy

# What might a less GHG intensive way of eating look like?

- Less meat and dairy – more plant based foods
- Seasonal field grown foods (less storage, heating & transport)
  - Local /regional seasonal when possible
- Not eating certain foods
  - Avoiding hothoused/air freighted produce (although trade offs with support for developing world)

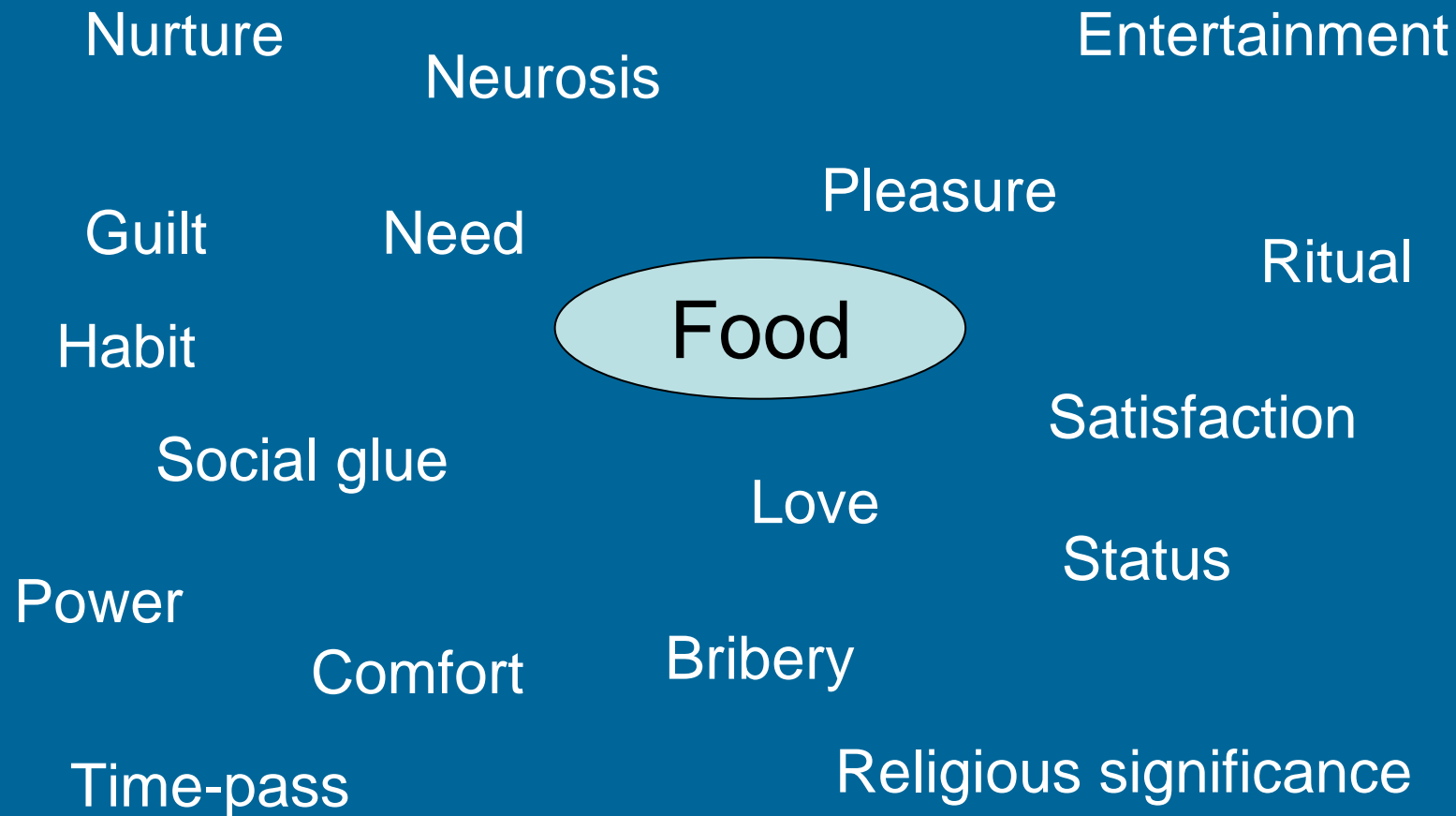
# Less GHG intensive eating

- Reducing dependence on refrigeration (while avoiding waste)
  - Robust foods (including less processed)
  - Frequent non car based shopping
- But wasting less
  - Eat what we buy, soon after we've bought it
  - Accepting variability of quality and supply
- Efficient cooking
  - Cook for more people and for several days; less oven use
- Redefining quality
  - Accepting different notions of quality
  - Accepting more variability /non availability

# How?

Life is complicated and  
food is a complex part of life

# Food and its meanings



# Influenced by wider forces

- Price / affordability
- Availability
- Time
- Culture, social & family expectations, norms, aspirations
- Knowledge, information, fashions & beliefs (education, media, marketing)
- Demographic changes: (In UK: ageing population, single person society, wealth)
- Technological innovations (eg. Ready meals, instant foods)
- Season
- Tastes
- Habits

# How far can we expect people to change voluntarily?

- Information necessary but not enough
- **Information** may not lead to **action**
- People won't change unless they have to
- Govt and industry must take the lead and change the context of consumption:
  - Pricing
  - Other incentives/ incentives
  - Choice editing
  - Regulation

5. What is the food industry doing?



# Food industry initiatives: manufacturers

- Sustainable Agriculture Initiative (**Nestle, Unilever, Danone, Kraft etc.**): dairy footprinting work
- UK 'milk road map' -20-30% cut in CO2e by 2020 – aspirational only
- Tate & Lyle (**sugar**): biomass boiler to replace 70% fossil energy
- McCain's (**processed potato products**): up to 70% electricity needs from renewables including wind turbines and CHP plant running on biogas
- Cadbury's (**confectionary**): 50% absolute cut in carbon emissions by 2020

# Food industry initiatives: supermarkets

## Tesco:

- Label and reduce air freighted produce
- 50% energy cut in stores and DCs by 2020
- £100 million renewables fund
- £25 million Sustainable Consumption Institute
- Halve distribution emissions / case in 5 yrs

# Govt-industry action on life cycle emissions

- Measurement of GHG emissions; PAS 2050 – establishing the beginnings of a methodology
- Involving major retailers & manufacturers: Pepsi, Walkers, Unilever, Tesco, Danone
- **Labelling** - international interest - Carbon Reduction Label – links with China
- Labelling **NECESSARY** (maybe) but not **SUFFICIENT**
- **No supermarket has gone as far as taking high emission goods off the shelves**

## 5. Observations & implications for circular agriculture

# The global context

- Rising population – 9 billion by 2050
- High food / oil prices
- Dash for biofuels (now moderated in EU / UK)
- Nutrition transition: more animal source foods
- More wealthy people & more poor people
- Land pressures
- Climate change legislation...

# Food's GHG impacts

- Food contributes to a significant proportion of global GHG emissions
- All stages in the supply chain contribute to emissions
- Agriculture most significant stage / meat & dairy most GHG intensive food
- Global food demand is moving in more GHG intensive directions

- Technology unlikely to get us where we need to be
- Consumption changes needed too
- Food industry and government beginning to tackle problem but largely from 'efficiency' perspective

# Implications for circular agriculture research & practice

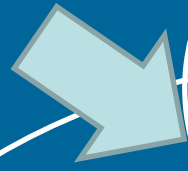
- Circular agriculture only makes sense in the context of sustainable consumption and nutritional needs
- Not just **how** we grow or rear it but **what** we choose to grow or rear
- And how it links with our basic need for nutritious food



Circular  
agriculture

Nutritional  
needs &  
food  
security

Sustainable consumption





# Research needs

- **What level** of livestock production is needed to maximise environmental benefits, minimise GHG costs and enhance nutritional wellbeing?
- **What policies** would encourage a shift away from consumption and production of livestock products?
- How to **integrate nutritional and food CC** reduction objectives?
- **Challenges for China & UK** wrt meat and dairy consumption increasingly similar
- Role for **sharing experiences**

# 6. About the Food Climate Research Network

# The FCRN

Funded by UK research council & Defra

Based at Surrey University

Focuses on:

- Researching food chain contribution to GHG emissions and options for emissions reduction – technology, behaviour, policy
- Sharing and communicating information on food & climate change with member network

# FCRN outputs

## 1. Five comprehensive studies so far:

1. Fruit & vegetables
2. Alcoholic drinks
3. Food refrigeration
4. Meat & dairy
5. Synthesis paper: *Cooking up a Storm*

## 2. All at [www.fcrn.org.uk](http://www.fcrn.org.uk)

- **Comprehensive website** –see [www.fcrn.org.uk](http://www.fcrn.org.uk)
- **Working seminars:** To inform research
- **Networking:** To catalyse further research
- **E-news:** on food/GHGs to 1000+ members
- **Please join...**

Thank you

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Food Climate Research Network